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Being a Happy Teen by Andrew Matthews the international

Author Andrew Matthews shares, My wife Julie first suggested that we create a book for teenagers. Lots of teenagers were reading Being Happy! and Follow Your Heart. She said, Let's create a book that deals with teenage problems. Julie was the driving force behind Being a Happy Teen. We are thrilled that it has become so popular, not only in English speaking countries, but in places like Mexico, Hungary and Korea.

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Andrew Matthews empowers audiences in 25 countries to enjoy their life and work. He has presented to over 1,000 conferences and conventions. Andrew is a regular conference speaker in Adelaide, Brisbane, Cairns, Canberra, the Gold Coast, Melbourne, Sydney, Bali, Dubai, Vietnam, Hong Kong, Kuala Lumpur, London, Manila, Singapore and across the USA.

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Andrew Matthews has an innate wisdom when it comes to understanding human nature. At least it rings true to my ears, but that could just be my opinion. He claims that some people act nasty because of low self esteem, it could just be that some people are plain nasty but the way he writes shows that he is a very good person psychologically

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Having bought other Andrew Matthews books in the past, & loved them, loaned them & learned from them, I figured this one would be useful for him, especially as he is going through a tough time of it all right now. He loved it, & carried it with him for a week. With a big smile he said he liked the 'in a nutshell'

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If Andrew Matthews had been around and written this sixty years ago and someone had given me a copy AND I re It seems to me that in many ways the world has changed greatly in the fifty-plus years since I stopped being a teenager but the sorts of emotional issues that teenagers face have not changed.

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Andrew Matthews books, including HAPPINESS NOW and BEING a HAPPY TEEN have sold over 7 million copies in 42 languages, in 60 countries. He is in demand as an international speaker at conferences around the world and he draws cartoons while he speaks!. --This text refers to the paperback edition.

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Andrew Matthews author Wikipedia

Andrew Matthews is an Australian speaker and author born November 4, 1957 in Victor Harbor, South Australia. He has written numerous self help books.. He became a full-time writer in 1988. Since then he has written and illustrated 11 books. His book Being Happy! was written and published in 1988. It has sold 7 million copies and been published in 42 languages.

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Making Friends Andrew Matthews lenkacusickova cz

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