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Written in the simple style that makes Andrew Matthews books so popular this book sifts through the many complex issues of being a teenager and presents them in an easy to read and fun way. It really makes sense of a time in life that can be quite confusing. Being a Happy Teen give

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If Andrew Matthews had been around and written this sixty years ago and someone had given me a copy AND I re It seems to me that in many ways the world has changed greatly in the fifty-plus years since I stopped being a teenager but the sorts of emotional issues that teenagers face have not changed.

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Being a Happy Teen by Andrew Matthews the international

Author Andrew Matthews shares, My wife Julie first suggested that we create a book for teenagers. Lots of teenagers were reading Being Happy! and Follow Your Heart. She said, Let s create a book that deals with teenage problems. Julie was the driving force behind Being a Happy Teen. We are thrilled that it has become so popular

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Andrew Matthews has an innate wisdom when it comes to understanding human nature. At least it rings true to my ears, but that could just be my opinion. He claims that some people act nasty because of low self esteem, it could just be that some people are plain nasty but the way he writes shows that he is a very good person psychologically

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Seashell Publishers publish Andrew Matthews bestselling books and audio programs. Andrew s books are bestsellers in 70 countries. Andrew is a regular speaker at international conferences. Being a Happy Teen. Happiness in a Nutshell. Happiness Now. Stop the Bullying.

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written and illustrated by ANDREW MATTHEWS

BEING HAPPY! BEING A HAPPY TEENAGER That s when we say to ourselves: I m sick of being broke, sick of being kicked around. I m tired of being mediocre. I m going to do Andrew Matthews. 15. new ones. She soon moves house and changes jobs. Within six .

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First, we examined the time sequence of cultural changes over that same time (primarily 2011-2015), finding that teens well-being dropped suddenly around the time smartphones became common

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The book being a happy teenager , written and illustrated by andrew matthews is just simply a brilliant,

insightful, fun and helpful book. I believe this book could be found around the world in major bookstores and in different languages, as it is an international #1 best selling book.

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Andrew Matthews author Wikipedia

Andrew Matthews is an Australian speaker and author born November 4, 1957 in Victor Harbor, South Australia. He has written numerous self help books.. He became a full-time writer in 1988. Since then he has written and illustrated 11 books. His book Being Happy! was written and published in 1988. It has sold 7 million copies and been published in 42 languages.

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Having bought other Andrew Matthews books in the past, & loved them, loaned them & learned from them, I figured this one would be useful for him, especially as he is going through a tough time of it all right now. He loved it, & carried it with him for a week. With a big smile he said he liked the 'in a nutshell'

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Andrew Matthews Books Biography Contact Information

Andrew Matthews is a published author, compiler, and an editor of children's books and young adult books. Some of the published credits of Andrew Matthews include The Great Horse of Troy (Sparks), "Much Ado About Nothing" (Shakespeare Stories S.), Being a Happy Teenager, and The Swallow and the Dark.

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Making Friends Andrew Matthews lenkacusickova cz

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