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**On Happiness In Hard Times by Andrew Matthews**

As promised, I shall do a short writeup on this book by Andrew Matthews. This book is about how you can get through the hard times and stay happy and motivated. In short, I would say that this is about keeping a positive attitude and being happy with who you are and what you have right now in the present.

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**Quotes from Andrew Matthew s Happiness in Hard Times**

If you are waiting for somebody to appreciate you before you appreciate yourself, then it is never

going to happen. Some people are uncomfortable with the idea of loving themselves. Is it selfish to pursue happiness? Happy people make better friends, better lovers, and better employees. Hard times can mean no money, no friends, no

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### **HAPPINESS in HARD TIMES Andrew Matthews Blogger**

Andrew and I are overwhelmed and ever so grateful to you for keeping in touch with us. I want you to know that every email that you send us is read and appreciated. Thank you from the depths of our hearts. To my dear friend Michael Rakuson former director of Tower Books thank you for encouraging me to produce Happiness in Hard Times.

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### **The HAPPINESS BLOG with Author of Andrew Matthews**

Andrew Matthews Happiness Blog Andrew Matthews Happiness Blog is based on his international bestselling books and seminars. BEING HAPPY!, FOLLOW YOUR HEART, BEING a HAPPY TEEN, HAPPINESS NOW, HAPPINESS in HARD TIMES, HAPPINESS in a NUTSHELL and HOW LIFE WORKS have sold over 7 million copies in 43 languages.

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### **Happiness in Hard Times A MUST READ The Andrew**

Happiness in Hard Times A MUST READ. Andrew Matthews is a good friend of mine. For those who don t know about Andrew he is the author of the hugely successful book BEING HAPPY . He has a number of other titles out, all revolving around the same concept, that our happiness is in our own hands, which I believe to be the absolute truth.

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### **Happiness in a Nutshell Matthews Andrew 8601417453933**

Verified Purchase Andrew Matthews is one of my favorite authors. Having read Follow Your Heart,

Making Friends, and Being Happy, Happiness in a Nutshell is a tiny little back pocket sized 80-page "Nutshell" synopsis of material contained in those books. Andrew is also an artist who draws funny cartoons to reinforce his points.

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### **Bestselling Author and International Speaker Andrew Matthews**

Andrew Matthews is one of the world's most popular self-help authors. His books are published in 43 languages. Andrew has addressed over 1000 international corporations on 5 continents. See 2 min. video. He has appeared on over 4,000 radio and TV programs. Andrew lives in Queensland, Australia, with his wife and publisher, Julie.

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### **Happiness In Hard Times Amazon co uk Matthews Andrew**

His books contain serious life changing messages that I find both informative and enlightening. In Happiness in Hard Times, the author helps you change your thought process from hopelessness and despair to "Happiness in Hard Times." It is not the crises, but the way we handle it that matters.

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Editions for Happiness in Hard Times: (Paperback published in 2011), 1848502486 (Paperback published in 2010), (Paperback published in 2015), (Kindle Edition)

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Andrew Matthews, Happiness in Hard Times. tags: andrew-matthews, happiness, happiness-in-hard-times. 13 likes. Like He had learned the rare secret that you must take happiness when you find it - that there is no use in marking the place and coming back to it at a more convenient season, because it will not be there then.

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### **Books Andrew Matthews**

Andrew Matthews empowers audiences in 25 countries to enjoy their life and work. He has presented to over 1,000 conferences and conventions. Andrew is a regular conference speaker in Adelaide, Brisbane, Cairns, Canberra, the Gold Coast, Melbourne, Sydney, Bali, Dubai, Vietnam, Hong Kong, Kuala Lumpur, London, Manila, Singapore and across the USA.

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### **10 Secrets to Happiness I learnt from Andrew Matthews**

Andrew gave an amusing illustration of a couple surrounded by a pack of crocodiles. The man thought OMG Crocodiles! while his wife thought OMG Handbags! 3) Happiness is understanding the things we can't change yet and working on those we can. Some things are hard to change overnight.

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### **Happiness in Hard Times Written and Illustrated by Andrew**

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### **Andrew Matthews author Wikipedia**

Andrew Matthews other books include Follow Your Heart, Being a Happy Teen, Happiness Now, Happiness in Hard Times and How Life Works. Drawing cartoons as he speaks, he has given corporate presentations in over 30 countries. References This page was last edited on 7 June 2020, at 04:40 (UTC). Text is

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Apr 23, 2017 - I don't know where to begin or what to say, or how to express our gratitude for your loyalty, generosity and daily emails, because a mere th

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Andrew Matthews is a bestselling author, cartoonist and international speaker. His presentations are laced with humour and he draws lightning-fast cartoons as he speaks! His inspiring books, including the now classic Being Happy! and Follow Your Heart provide invaluable tools that help his readers to live more successful and rewarding lives.

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Social media magnifies and creates instant, destructive envy, said Andrew Oswald, professor of economics and behavioral science at the University of Warwick in England, and a co-author of a

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